

YOU can help **struggling** youths

Do you know any youth who...



**presents
behavioural risk?**



**needs emotional
support?**



**struggles to
connect with
family?**



**faces
adversities
in life?**

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**REFER THE YOUTH
TO CHRYSALIS
SERVICE**
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Chrysalis is Trybe's proposed solution to working with youths presenting at-risk behaviours and possibly mental health symptoms. The service involves assessing the youths and their families' needs, behaviours and interactions, which provide a holistic understanding of the issues. In the course of case intervention, caseworkers will engage the family in committing and supporting the process. Parents are encouraged to seek help for their own needs too. [Flip this paper for more details>>](#)

For more details, visit www.trybe.org/intervention/#chrysalis

Chrysalis Service

ABOUT THE SERVICE



- A 6 to 12 month programme to reduce their behavioural risk
- Cultivating positive youth development and reducing the risk of offending;
- Consists of community based casework, and family and stakeholder engagement

OUR CLIENTS



- Youth aged 13 – 19 who possess;
 - Behavioral risks
 - Psychological and emotional needs
 - Experiencing mental health symptoms
 - Diagnosed with mental health conditions
- Keen to seek help

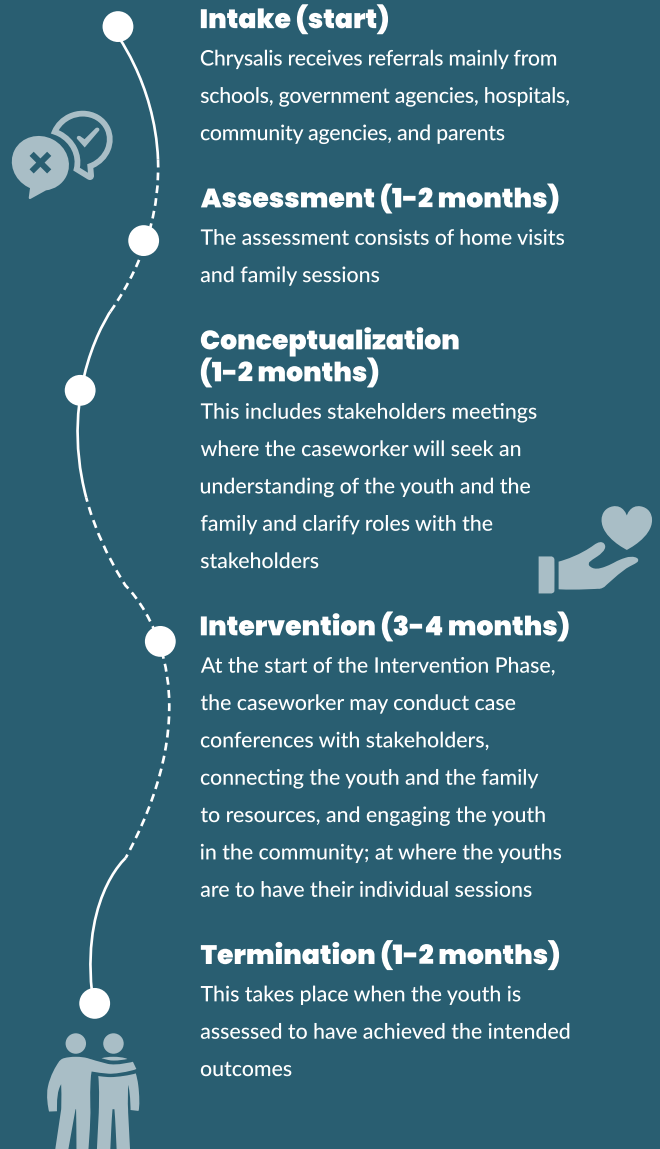
OUR GOALS



- Reduced offending risk behaviours
- Increased mental and emotional resilience
- Increased coping strategies and skills
- Improved familial and social interaction
- Improved network of community support (such as mental health resources)
- Increased abilities to engage with purposeful activities (i.e. school, work, etc.)
- Increased help-seeking behaviour

OUR METHOD

Chrysalis goes through 5 phases, lasting up to 12 months. The phases are as follows:



For more information about Chrysalis, you may email chrysalis@trybe.org